



STUDIO POLICIES - **COVID-19**

Due to COVID-19, we must follow all public health regulations to ensure that we are doing all we can to keep our community and the team here at Village Yoga healthy and safe. If you are sick, we ask that you please stay home. When registering for any class, it is important that you agree to the following requirements:

Class sizes are limited to 7 people at a time. All participants must book online in advance, and drop-ins will not be accepted at this time.

Classes may be cancelled if the minimum number of participants is not met 24 hours before the class starts.

1. Participants will be directed into the studio one at a time upon arrival.
2. We advise participants to arrive no earlier than 10 minutes before a class is set to begin. The outside doors will be locked at the start of every class.
3. Please arrive dressed in your yoga attire as we do not have change rooms at this time.
4. All participants must wear a mask when entering, walking through, and exiting the studio. Social distancing requires 2 metres between participants, and you will only be advised to take off your mask once on your mat and the class has begun.
5. You will be directed to an assigned spot once you arrive in studio.
6. We advise all participants to bring your own mat. We will not be renting out props or mats at this time.
7. You will not be able to join the class if you do not bring your own mat. No monetary compensation will be given if you forget to bring your mat. We will have mats for sale in our boutique.
8. Please leave items that aren't needed in class inside your vehicle as space is limited in your assigned area.
9. The washroom will be open but is to only be used if absolutely necessary.
10. When class has ended please stay in your assigned area and put on your mask. You will be directed one at a time out of the class area.
11. Once you have exited the class area, please do not block exit pathways and leave in a timely manner to ensure everyone leaves safely.
12. It is important to leave in a timely manner as we need to ensure our staff and instructors have a sufficient amount of time to sanitize all high touch areas before the next participants arrive. The outside doors will be locked at this time.
13. If you arrive to a class and are showing signs of illness, you will be asked to leave with no monetary compensation for the missed class. It is important that you stay home if you are sick to keep our community and staff safe and healthy.

If you have questions or concerns, please do not hesitate to contact us directly.